

# City of Belmont's Seniors Guide

## Activities and Services



**BELMONT**  
CITY OF OPPORTUNITY





## Acknowledgement of Country

The City of Belmont acknowledges the Whadjuk Noongar people as the Traditional Owners of this land and we pay our respects to Elders past, present and emerging. We further acknowledge their cultural heritage, beliefs, connection and relationship with this land which continues today.

We acknowledge all Aboriginal and Torres Strait Islander peoples living within the City of Belmont.

## Seniors Guide

The City of Belmont's Seniors Guide is a quick and easy reference on the wide range of activities, community groups, services and housing options available to seniors within the City of Belmont.

We hope this guide helps you create friendships, maintain your health and start or grow a hobby.

If you need any further information, please contact the City's Community Development team on 9477 7219 or [community.development@wa.gov.au](mailto:community.development@wa.gov.au).

Please note, the information in this guide is correct as of February 2023.

## Age-Friendly Advisory Group

The City's Age-Friendly Advisory Group gives community members, service providers, support organisations and other stakeholders the chance to be actively involved in the City's commitment to creating an age-friendly community.

Age-Friendly Advisory Group members:

- Make recommendations and provide feedback on how the Age-Friendly Strategy is implemented and monitored.
- Share information on activities and services planned by the City or being held in the local area.
- Meets four times a year.

If you are a community member and interesting in joining the Age-Friendly Advisory Group please contact the City's Seniors and Disability Engagement Officer on 9477 7149.

# Ruth Faulkner Library and Belmont Museum

213 Wright Street, Cloverdale WA 6105  
Phone: (08) 9477 7150  
Email: libraryandmuseum@belmont.wa.gov.au

## Opening Hours

Monday to Friday: 9:00am to 7:00pm  
Saturday: 10:00am to 3:00pm  
Sunday: 1:00pm to 4:00pm

## Library and Museum Services

Ruth Faulkner Library and Belmont Museum offer much more than an amazing collection of books, DVDS, artefacts, and digital resources. You'll find meeting rooms, free computers, printing services, audio visual recording spaces, help with research, entertainment for any visiting family members and so much more! Our staff love to help our community connect to information, entertainment, and each other.

## Home delivery service

If you can't visit the library because of illness, injury or other reasons which make it hard to visit in person, you may be eligible for our home delivery service. This is a free service for City of Belmont residents which we can provide for a month or two during your recovery period or permanently, depending on your situation. Once you're signed up, staff will select items based on your interests and deliver them to your door. To apply for the library's home delivery service, get in touch with us by phone or email.

## Accessibility

We have a range of services and facilities available to help people of every age and ability get the most out of the library and museum. The library and museum are fully accessible for those with mobility aids with sign posted accessible parking bays near the entrance. You'll find large print items and an extensive audio collection – both physical and digital – as well as large print keyboards and computers. Hearing assistance is available over WiFi directly to your mobile phone throughout the library and museum area.

## Visit Belmont Museum

Discover the stories of the many people who lived, worked, and played in the City of Belmont. Over the years, boundaries and place names have changed, and entire communities have emerged, flourished, and faded away again. There are many reasons to visit and discover more about your City's rich history.

## Family History Research

You might like to start your research journey with a visit to the local history room. You'll find amazing resources for family history enthusiasts and Genealogists alike. You'll find free access to Find My Past and Ancestry Library Edition along with a wealth of information in the City of Belmont's archives and Belmont Museum collection.

## Local History Photographic Competition

The Local History Photographic Competition is open for submissions year-round. All kinds of photos taken in the City of Belmont which represent, commemorate, or celebrate local history from any period in the past – even the recent past – are welcome. Entries can be submitted on the City's website, or you can contact the library and museum by phone or email for assistance.



The City runs a number of age friendly events throughout the year. These events will be advertised in the Belmont Bulletin and on the City's website closer to the date.

## Annual events



<b>January</b>	Belmont Blockbusters
<b>March</b>	Harmony Week Festival
<b>May</b>	Seniors Information & Activity Day
<b>August</b>	Avon Descent
<b>September</b>	Art Awards
<b>October</b>	The Imaginarium
<b>November</b>	Seniors Week Have a Go Day Let's Celebrate Belmont Fair
<b>December</b>	Carols in the Park



# Community Safety

## Keeping Safe at Home

The City offers a number of Community Safety initiatives to support its residents and businesses including the Belmont Community Watch 24/7 security patrol.

Community Watch Officers are the eyes and ears of the community and provide a wide ranges of services including:

- General patrol duties.
- Complete security checks on premises within the City of Belmont. If you are going away you can request holiday watch patrols for your property.
- Respond to general noise complaints after hours
- Extra 'Eyes on the Street' in support of local police.
- Responding to other police requests and incidents when required.
- Responding to building alarms.
- Responding to community enquiries and action requests.
- Safe removal and disposal of syringes.

Please remember to phone 000 in an emergency or life-threatening situation where police, fire or ambulance services are needed.

**The City offers FREE home security appraisals. These can be booked via the City's website, or they can ring us direct. Further information contact 9477 7222.**





**List of services**

# City of Belmont Programs and Activities

## Author Talks, Speakers, Demonstrations and More

Free

Ruth Faulkner Library and Belmont Museum host authors, academics, and persons of interest to educate and entertain the community.

<b>When</b> Events held throughout the year. Contact for more information.	<b>Address</b> Events Room, Ruth Faulkner Library, 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7150
---	---	--------------------------------

## Belmont Interest Group

Free

Relax and enjoy good company while listening to guest speakers and presenters followed by a social afternoon tea.

<b>When</b> First Friday of each month, 2:30pm to 4:30pm	<b>Address</b> Activity Hall, Belmont Hub (Plaza Entry), 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7149 or 9477 7150
---	---	---

## Book Club

Free

Discuss and review books of all genres and meet like-minded readers in this diverse and welcoming group.

<b>When</b> First Wednesday of each month, 2pm to 3pm	<b>Address</b> Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7150
--	--	--------------------------------

## Community Lab – Board Games

Free

Enjoy a wide range of games from the classics such as Mah-jong and Scrabble through to modern favourites such as Unstable Unicorns.

<b>When</b> Wednesdays, 9:30am to 12pm	<b>Address</b> Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7150
---	--	--------------------------------

## Community Lab – Writers

Free

Come together with other writers to learn, workshop and share your love of a good story.

<b>When</b> Third Tuesday of each month, 5:30pm to 6:30pm	<b>Address</b> Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7150
--	--	--------------------------------

## Community Lab – Yarn Crafts

Free

A space for adults to chat, knit, crochet and craft with friends both old and new. You don't have to be an expert to join in, this is a judgement free zone.

<b>When</b> Tuesdays, 9:30am to 12pm	<b>Address</b> Innovation Lab, Ruth Faulkner Library, 213 Wright Street, Cloverdale	<b>Contact</b> P: 9477 7150
---	--	--------------------------------

## CountUSin

\$12.10/week

A 10-week wellness program available to residents who are seeking support to improve their health and wellbeing.

<b>When</b> Mondays, Tuesdays and Thursdays, 12pm to 2pm	<b>Address</b> Belmont Oasis Leisure Centre, Progress Way, Cloverdale	<b>Contact</b> P: 9477 7438 E: healthy.communities@belmont.wa.gov.au
---	--	--

## eSmart Workshops

Free

Choose from term programs assisting beginners with the basics or upskill your knowledge through one-off workshops on a range of digital literacy topics.

### When

Events held throughout the year. Contact for more information.

### Address

Innovation Lab,  
Ruth Faulkner Library,  
213 Wright Street,  
Cloverdale

### Contact

P: 9477 7149 or  
9477 7150

## Hands on History

Free

Explore history through hands on activities in this engaging workshop series. This creative take on historical education is a chance to walk down memory lane or learn new skills from older times.

### When

Events held throughout the year. Contact for more information.

### Address

Innovation Lab,  
Ruth Faulkner Library,  
213 Wright Street,  
Cloverdale

### Contact

P: 9477 7150

## Community/Interest Groups

### Amphitheatre Arts

Free

Engage in a variety of creative activities, including watercolor painting, life drawing, and crocheting. The group provides a welcoming and supportive environment for all skill levels.

### When

Mondays, 10am to  
1pm

### Address

Belmont Resource  
Centre, Arts and Craft  
Room, 39 Elizabeth  
Street, Cloverdale

### Contact

Helen Dean  
P: 0432 380 055

### Befriend

Free membership. Activities may attract fees

Befriend's volunteers host casual events such as afternoon teas, outdoor adventures, shared meals, art and crafts, picnics, movies, and board games.

### When

Events held throughout the year. Contact for more information.

### Address

Various locations

### Contact

P: 0401 831 201

### Belmont Districts Probus Club Inc.

Annual membership fee

Meet to listen to informed speakers, go on outings and join together with other members for fellowship.

### When

Second Wednesday of  
each month, 9:30am.

### Address

Forster Park  
Community Centre,  
Corner Keane and  
Abernethy Road,  
Cloverdale.

### Contact

P: 0451 659 103



### Belmont Men's Shed

*\$75 Annual membership fee*

A meeting point for men in the community to come and apply their skills or simply meet to have a cuppa. Belmont Men's Shed provides a well equipped workplace where you can express your talents or help others.

<b>When</b> Monday to Friday, 9am to 12pm	<b>Address</b> 57 Robinson Road, Belmont	<b>Contact</b> P: 6150 0124
--	---	--------------------------------

### Belmont Potters Group

*\$70 joining fee including first bag of clay*

A meeting place for anyone with an interest in clay. This group promotes pottery and ceramic making in the community.

<b>When</b> Sundays, Mondays and Tuesdays, 1pm to 3pm. Wednesdays, 7pm to 9pm.	<b>Address</b> 58 Elizabeth Street, Cloverdale	<b>Contact</b> E: president@belmontpottersgroup.com P: 0423 682 287
---	---	---

### Belmont Senior Citizens Club

*Annual membership fee \$10.00  
Some activities attract fees*

This club caters for the over 55's with a range of activities including monthly bus outings, bingo, boot-scooting, snooker, carpet bowls, craft group, cards and Tai Chi. The club hosts an Italian group and offers a low cost hairdressing service to members. Public Bingo is held on Thursday evenings.

<b>When</b> Events held throughout the year. Contact for more information.	<b>Address</b> Seniors Hub, 213 Wright Street, Cloverdale	<b>Contact</b> P: 0428 800 196 E: belmontseniorcitz@outlook.com
---	--	---

### City of Belmont RSL Sub-branch

*Annual membership fee*

Offers a range of social activities weekly and throughout the year including meals, live bands, bingo and social bowls. All welcome.

<b>When</b> Contact club for opening hours.	<b>Address</b> 22 Leake Street, Ascot	<b>Contact</b> P: 9478 2329
--	--	--------------------------------

### Forget me Not Memory Café

*Free*

Are you, a family member or someone you care for living with dementia? Come along with your loved one and join us for a coffee and companionship in a warm and friendly atmosphere.

<b>When</b> Fourth Wednesday of each month, 10am to 12pm	<b>Address</b> Belvidere Tavern , 40 Belvidere St, Belmont	<b>Contact</b> Angi P: 0468 549 143
---	---	---

### Multicultural Village Hub

*Free*

A strong, supportive, and social multicultural community of people 55+ connected to the City of Belmont. This group meets to share skills and experiences while enjoying a wide range of events and activities.

<b>When</b> Events held throughout the year. Contact for more information.	<b>Address</b> Various locations	<b>Contact</b> P: 9275 4411 E: villagehub@umbrealcommunitycare.com.au
---	-------------------------------------	---

### Repair Café

*Free*

A monthly event inviting community members to bring in broken household items for repair with the help of a volunteer repairer.

<b>When</b> Second Saturday of each month, 1pm to 2:30pm (from 11 March 2023)	<b>Address</b> Perth Alliance Church 324 Belmont Avenue, Kewdale	<b>Contact</b> P: 0412 155 790 E: repaircafebelmont@gmail.com W: facebook.com/repaircafebelmont
--	--	--



### Rotary Club of Ascot

*Free - Breakfast at own cost*

This group provides support to well known local communities activities and raises money for both local and international causes - Home of Bricktober – our annual Lego event in October.

**When**

Second and fourth Tuesday of each month  
7:30am to 8:30am  
(breakfast 7am)

**Address**

The Dome, Knutsford Avenue, Belmont

**Contact**

Michael Metcalf  
P: 9457 2359

### Rotary Club of Belmont

*\$30 Lunch at own cost  
Annual membership fee*

This group raises funds for community projects and runs the “ROTAMART” flea market at the Belmont Forum car park on Sunday mornings. Enquiries:

**When**

Weekly Thursdays,  
12pm to 1:30pm

**Address**

Ascot Inn, 1 Epsom Avenue, Ascot

**Contact**

P: 9277 6713  
P: 0403 051 081  
E: president@belmontrotary.com.au

### WA Lapidary and Rock Hunting Club

*Annual membership fees*

The perfect club for rock lovers and enthusiasts, offering a range of workshops in creative arts. Share your hobby in a fun environment, and be a part of a fantastic volunteer led community.

**When**

Daily 9:30am to 12:30pm; 1pm to 4pm; 7pm to 10pm

**Address**

31-35 Gladstone Street, Rivervale

**Contact**

P: 0439 216 660  
E: enquiries@walapidaryclub.org.au

## Getting Active

### Ascot Kayak Club

*Contact directly for fee information*

Ascot Kayak Club (AKC) is Australia’s largest kayak/canoe club. We have a large contingent of recreational and social members over the age of 60 years.

**When**

Events held throughout the year. Contact for more information.

**Address**

Garvey Park, Fauntleroy Avenue, Ascot

**Contact**

P: 0430 561 853  
E: akcadministration@gmail.com

### Ascot Waters Walking Group

*Free*

Enjoy river views whilst enjoying a morning walk around Ascot Waters. A fun and social way to get your daily steps up.

**When**

Tuesdays, 6:45am

**Address**

Ascot Waters, end of Pitman Park, Waterway Crescent

**Contact**

Ross  
P: 0407 195 852

### Ballroom Fit - Chair dancing

*Contact directly for fee information*

Ballroom Dancing in chairs for seniors and those with mobility issues. All the main Ballroom Dances have been adapted to seated dancing without a partner.

**When**

Fortnightly Mondays, 10:30am to 11:30am

**Address**

CraigCare, 2 Waterway Crescent, Ascot

**Contact**

Darryl  
P: 0439 460 487  
E: info@ballroomfit.com.au



### Belmont Bowling Club

*Annual membership fee*

Lawn Bowls is a game for all ages and abilities. People of all ages and skill levels can join to enjoy lawns bowls as a social activity or a competitive outlet.

#### When

Mens: Thursdays,  
Saturdays, and some  
Sundays

Ladies: Tuesdays and  
Wednesdays

#### Address

Corner Keane &  
Abernethy Rd,  
Cloverdale

#### Contact

Steve Hopkins  
P: 0435 936 022

Trevor Metcalf  
P: 0418 259 056

### Belmont Forum Mall Walking Group

*Free to join*

Belmont Forum Mall Walking Group offers the opportunity to walk through out the year! Starting with a gentle stretch, a few laps inside the forum and then join old and new friends for a cuppa.

#### When

Wednesdays and  
Fridays, 8am to 9am

#### Address

Belmont Forum  
Shopping Centre (in  
front of Cotton on)

#### Contact

Belmont Forum  
Shopping Centre  
P: 9478 2152 or  
0419 161 079

### Belmont Masters Swimming Club

*Membership Fee.  
4 free trial sessions*

A swimming club for all ages that supports a diverse variety of capabilities, from those who can barely swim a lap, to world record holders.

#### When

Mondays and  
Wednesdays, 6:30pm  
to 7:30pm, Fridays,  
7am to 8am and  
Sundays, 8:30am.

#### Address

Belmont Oasis Leisure  
Centre, Progress Way,  
Cloverdale

#### Contact

P: 0419 580 912  
E: belmontaussi@  
hotmail.com

### Belmont Oasis Leisure Centre

*Activities attract fees  
(check our website)*

Offers a range of facilities and programs including gym, group fitness, pool, spa, sauna, indoor sports courts and swim lessons for adults, children, seniors, families and sporting groups.

#### When

Various activities  
weekly.

#### Address

Progress Way, Belmont

#### Contact

P: 9277 1622  
W: www.belmontoasis.  
com.au

### Belmont Park Tennis Club

*\$10 per session (casual) or \$5 for members*

The club offers both social and competition tennis for all ages. There are courts for hire with croquet and pickleball are also available. Come down and join us. Clubhouse available for hire for weddings and functions.

#### When

Various activities  
weekly.

#### Address

351-353 Robinson Ave,  
Belmont

#### Contact

P: 0400 133 189

### Belmont Sport and Recreation Club

*Annual member fees*

Home to lawn bowls, darts and pool events with over 30 affiliated clubs and groups.

#### When

Events held throughout  
the year. Contact for  
more information.

#### Address

Corner Keane and  
Abernethy Road,  
Cloverdale

#### Contact

P: 9478 2051  
E: admin@bsrc.com.au

### Centenary Park Heart Foundation Walking Group

*Free*

A great park to suit all fitness levels. The Centenary Park Heart Foundation Walking Group is a great way to meet new people and socialise whilst finding your daily 30!

#### When

Saturdays, 8am

#### Address

Centenary Park,  
clubrooms at Daly  
Street entrance

#### Contact

Joan  
P: 0419 161 079

### Healthy Heart Walkers

Free

The Healthy Heart Walkers have been walking around Tomato Lake for over 15 years. The group welcomes anyone who would like to enjoy the beautiful scenery of Tomato Lake.

<b>When</b> Thursdays, 8:30am	<b>Address</b> Tomato Lake, picnic tables at the end of Scenic Drive carpark	<b>Contact</b> Patricia P: 0401 642 940
----------------------------------	---	---

### Prime Movers

*\$20 Annual membership fee \$5 per class*

An exercise class for the over 50's, make friends while keeping fit.

<b>When</b> Tuesday and Thursday mornings	<b>Address</b> Belmont Oasis, Progress Way, Cloverdale	<b>Contact</b> P: 0444 560 037
--	---	-----------------------------------

### Tomato Lake Heart Foundation Walking Group

Free

With an abundance of bird life, Tomato Lake is a beautiful place to walk. The Lake has a number of walk lengths to suit all fitness abilities. Joining a walking group is a fun and social way to get your daily steps up.

<b>When</b> Wednesdays, 5pm	<b>Address</b> Tomato Lake, outside Tomato Lake Café, Scenic Drive	<b>Contact</b> Joan P: 0419 161 079
--------------------------------	---	---

## Community Services



### Jacaranda Community Centre Inc.

Free

Provides a range of free programs for aboriginal community members and offers a range of culturally appropriate services such as financial counseling, emergency relief and advocacy. Host the annual NAIDOC week event.

<b>When</b> Monday to Friday, 9am to 4:30pm	<b>Address</b> 146 Epsom Avenue, Belmont	<b>Contact</b> P: 9477 4346
--	---	--------------------------------

### Mercycare

*Contact directly for fee information*

Offers a range of community based support services for those eligible residents via the Commonwealth Home Support Program. Including in home services, a social program at Harman Park Community Centre and a community transport.

<b>When</b> Monday to Friday, 8:30am to 4pm	<b>Address</b> 21 Harman Street, Belmont	<b>Contact</b> Day Centre: 6381 7150 Transport: 6381 7152 In-Home Services: 9442 3498
--	---	--

### Umbrella Multicultural Community Care

*Library free for Belmont residents. Eligibility criteria to be met.*

This organisation provides community home services for eligible residents who wish to remain in their home as they age. The services are available to all with a specific focus on culturally diverse groups. Includes a day club here in Belmont.

<b>When</b> Monday to Friday, 9am to 5pm	<b>Address</b> 39 Abernethy Road, Cloverdale	<b>Contact</b> P: 9275 4411
---	---	--------------------------------



## Accommodation and Housing Options

### Faulkner Park Retirement Estate

*Eligibility criteria to be met*

Retirement Village with a total of 72 units with a village club house as a communal space.

<b>When</b> N/A	<b>Address</b> 39 Elizabeth Street, Cloverdale	<b>Contact</b> P: 9277 3344
--------------------	--	--------------------------------

### Independent Living Units

*Eligibility criteria to be met*

The City has four Independent Living Unit complexes, managed by Southern Cross Care (WA) Inc. These units are available to eligible applicants who are over 55 years of age.

<b>Address</b> Ascot Close, Gabriel Gardens, Orana, and Wahroonga Independent Living Units	<b>Contact</b> W: <a href="http://www.belmont.wa.gov.au/live/community-groups/seniors/housing-for-seniors">www.belmont.wa.gov.au/live/community-groups/seniors/housing-for-seniors</a>
---	---

### Aegis Aged Care

*Varied with each facility*

Residential Aged Care facilities

<b>Address</b> Aegis Karalee, Redcliffe Aegis Lakeside, Redcliffe Aegis Parkview, Redcliffe	<b>Contact</b> Aegis Karalee P: 9277 1099 Aegis Lakeside P: 9269 9100 Aegis Parkview P: 9269 9100
--	--

### Brightwater

*Varied with each facility*

Residential Aged Care facility

<b>Address</b> 23 Johnson Road, Redcliffe	<b>Contact</b> Brightwater P: 1800 005 009
--	--

### CraigCare Ascot Waters

*Varied with each facility*

Residential Aged Care facility

<b>Address</b> 2 Waterway Crescent, Ascot	<b>Contact</b> CraigCare Ascot Waters P: 6159 1000
--	--

### Hall & Prior

*Varied with each facility*

Residential Aged Care facility

<b>Address</b> 5 Kemp Place, Rivervale	<b>Contact</b> Hall and Prior P: 9277 2735
---	--



We know most of us wish to remain in our own home as we age. If you need some help around the house or think it's time to look into aged care homes, My Aged Care is here to help.

**Contact them for more information on:**

1800 200 422

[myagedcare.gov.au](http://myagedcare.gov.au)

**BELMONT**  
CITY OF OPPORTUNITY



## City of Belmont

215 Wright Street, Cloverdale WA 6105

Locked Bag 379, Cloverdale WA 6985

Open 8:30am - 4:45pm, Monday - Friday

☎ PH: (08) 9477 7222

☎ A/H: (08) 9477 7224

✉ [belmont@belmont.wa.gov.au](mailto:belmont@belmont.wa.gov.au)

🌐 [belmont.wa.gov.au](http://belmont.wa.gov.au)

📘📷 BelmontCouncilWA

🌐 City-of-Belmont-WA

📺 City of Belmont